

Helping you find happiness, health, and healing



Spiritual E-card on preserving health  
God maintains your good health

**“The Lord shall preserve thee from all evil”**

King James Bible, Psalm 121:7



Think about how you can preserve fruit in a jar. Sealed inside, the fruit stays in perfect condition. It's the same with your good health. God made you in His perfectly well image. He made you strong, lively, active. He made you dynamic and vibrant.

Not only that, but God *keeps* you that way 24/7. Your good health is preserved intact, now and forever. Your well being is perpetually retained and sustained. You could say: God keeps me in His jar – healthy, well.

**“The divine Mind that made man maintains His own image and likeness.”**

*Science and Health with Key to the Scriptures*

By Mary Baker Eddy p. 151

SPIRITUAL E-CARD © BEVERLY GOLDSMITH, C.S.B.™ 2007

Practitioner and Teacher of Christian Science spiritual healing

W: [www.beverlyg.com](http://www.beverlyg.com)

E: [beverly@beverlyg.com](mailto:beverly@beverlyg.com)