

Helping you find happiness, health, and healing



Spiritual E-card on what you think  
Remember when you pray, you are what you think

“Of a man it has been said,  
"As he thinketh in his heart, so is he;"  
hence as a man spiritually *understandeth*,  
so is he in truth.”

*Science and Health with Key to the Scriptures*  
By Mary Baker Eddy p. 213



Don't think negatively about yourself. Think of yourself the way God does. He made you in His image. Whatever God is, you are as His reflection.  
As God is Mind, so you are intelligent, capable.  
As God is Soul, so you are calm, happy.

As God is Truth, you are honest. As God is Life, you are active.  
As God is Spirit, so you are healthy, buoyant, and strong.  
As God is Love, so you are gentle, caring, compassionate.

**You are what you think!**

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